The impact of an upper tropospheric teleconnection pattern on precipitation extremes over Cyprus

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Abstract. The objective of this study is to estimate the duration, frequency and intensity of precipitation extreme episodes in Cyprus, in relation with the two phases of the Eastern Mediterranean teleconnection Pattern (EMP), during winter for the period 1958–2005. A standardised teleconnection index was employed to determine the phases (positive and negative) and the strength of the EMP. The identification of the precipitation extremes was performed with the aid of four climatic indices. It was found that during the positive phase of the pattern, the length of dry periods reduces while that of wet periods increases, being followed by increase of frequency of extreme wet days and precipitation intensity. On the contrary, during the negative phase, the dry spells become longer in accordance with shortening of the wet spells, decrease of the number of extreme wet days and precipitation intensity.

1 Introduction

The Eastern Mediterranean teleconnection Pattern (hereafter will be referred to as EMP) is an upper tropospheric teleconnection pattern that was identified in the geopotential height field at 300 and 500 hPa, during winter between Eastern Mediterranean and Northwestern Europe (Hatzaki et al., 2007). This pattern seems very weak in spring and summer, weakens at lower levels and does not exist at 1000 hPa. As significant components of the natural climatic variability, teleconnection patterns, such as the North Atlantic Oscillation, Mediterranean Oscillation and North-Caspian Sea patterns, they play an important role in the variability of the regional climate of Eastern Mediterranean, and especially in the occurrence of climatic extremes (e.g. Kutiel et al., 2002; Maheras et al., 1999a; Maheras et al., 1999b; Türkes and Erlat, 2005; Houssos and Bartzokas, 2006). Hatzaki et al. (2005) provided evidence that EMP has also certain implications on the temperature and precipitation regime of the Eastern Mediterranean. More specifically, it was found that during the positive phase of the pattern, an increase was evident in the winter precipitation, while in the negative phase a significant overall increase was evident in the winter minimum temperature and a slight increase in the corresponding regime of maximum temperature at specific areas.

For Eastern Mediterranean, the research of precipitation extremes is more complicated as compared to other Mediterranean areas, due to the complex topographical features and to the sparse station data. Recent studies have shown an increasing tendency of the dry spell length during the last two decades in Greece (Anagnostopoulou et al., 2003) in accordance with a decrease of wet spell duration (Tolika and Maheras, 2005) as well as a tendency towards drier conditions in Turkey (Türkes, 2003).

Cyprus, the third largest Mediterranean island is located in the northeastern most corner of the Mediterranean basin (longitude $\phi=35^\circ$, latitude $\lambda=33^\circ$). Its climate is characterized by cool-to-mild and wet winters and by warm-to-hot and dry summers. The precipitation regime of Cyprus exhibits large temporal and spatial variability. In winter, the total mean precipitation corresponds to about 60% of the annual precipitation (Meteorological Service, 1986). This is associated with the fact that Cyprus is one of the main frequency centers of Mediterranean cyclones (Maheras et al., 2001; Maheras et al., 2002). Furthermore, the precipitation in Cyprus originates mainly from depressions moving from the west or northwest (Nicolaides et al., 2004). The mountain range of Troodos (see Fig. 1) plays an important role in the precipitation distribution, accounting for the higher values in the windward southwestern slopes (Meteorological Service, 1986).
In this study, the following datasets are employed: a) datasets of daily geopotential height, obtained from the NCEP/NCAR Reanalysis Project for the isobaric level of 500 hPa. The datasets cover the period from 1958 to 2005 on a 2.5° × 2.5° latitude by longitude grid for the quarter-spherical window extended from 90° W to 90° E and 0° to 90° N. b) daily precipitation data from a network of 10 rain gauge stations in Cyprus (see Fig. 1) for the period same period as above which are provided by the Meteorological Service of Cyprus; Table 1 displays the names, the location and the altitude of these stations.

Since EMP was mainly identified from December to February, the mean winter values for each of the above mentioned time series were calculated. Following this standard definition of winter, winters were extracted for each year using the December data of the previous year, resulting to reduce the datasets by one year.

In order to determine the strength of a teleconnection pattern and examine its time variations and implication to regional climate, a usual approach is the definition of a standardized index (Brunetti et al., 2002; Quadrelli and Wallace, 2004). The EMP index (EMPI) is defined at 500 hPa following the methodology described by Hatzaki et al. (2007), as follows:

\[
\text{EMPI} = \frac{gpm(52.5^\circ \text{N}, 25^\circ \text{W}) - gpm(32.5^\circ \text{N}, 22.5^\circ \text{E})}{\sigma}
\]

where, \( gpm \) is the mean winter geopotential height (in geopotential metres) at each of the grid points which form each pole in Eq. 1.

The index was calculated for the winter of each year and then was standardized, according to the mean value and standard deviation, as follows:

\[
z_i = \frac{(\text{EMPI}_i - \overline{\text{EMPI}})}{\sigma}
\]

where, the EMPI is the index value of the year \( i \), and \( \overline{\text{EMPI}} \) is its long-term average and \( \sigma \) the corresponding standard deviation for the period 1958–2005. The values derived are positive, negative or close to zero. Each value was classified in the positive and the negative phase of the pattern using the threshold value of [0.5].

The precipitation extremes in Cyprus are investigated with the aid of climatic indices. The employment of climatic indices seems to be a useful and consistent approach, without requiring the meaningful employment of fixed threshold values that are not applicable for all stations, while they are relevant in terms of impacts. Furthermore, this approach can be transferable across a range of different climatic regimes.

The indices were selected from the list of climate variability indices recommended by WMO (World Meteorological Organization) and the European research project STARDEX (STAtistical and Regional dynamical Downscaling of Extremes for European regions). More specifically, in this study, the following indices were employed: a) CDD (consecutive dry days), representing the length of dry spells b) CWD (consecutive wet days), representing the length of wet spells, c) R90 (number of days above 90% percentile of all wet days during the period examined), representing the frequency of extreme wet episodes d) SDII (quotient of precipitation amount of wet days and the number of the wet days of the specified period), serving as a measure of rainfall intensity of extreme wet episodes.

### Table 1. The rain gauge stations used in this study.

<table>
<thead>
<tr>
<th>Station name (number)</th>
<th>Latitude (deg. N)</th>
<th>Longitude (deg. E)</th>
<th>Elevation (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drouchia (10)</td>
<td>34.96</td>
<td>32.40</td>
<td>647</td>
</tr>
<tr>
<td>Polis (41)</td>
<td>35.04</td>
<td>32.44</td>
<td>51</td>
</tr>
<tr>
<td>Agios Neophytos (50)</td>
<td>34.85</td>
<td>32.45</td>
<td>452</td>
</tr>
<tr>
<td>Anatoliko (80)</td>
<td>34.75</td>
<td>32.48</td>
<td>101</td>
</tr>
<tr>
<td>Kato Pyrgos (160)</td>
<td>35.19</td>
<td>32.68</td>
<td>29</td>
</tr>
<tr>
<td>Kykkos (180)</td>
<td>34.98</td>
<td>32.74</td>
<td>1178</td>
</tr>
<tr>
<td>Pano Platres (250)</td>
<td>34.89</td>
<td>32.86</td>
<td>1132</td>
</tr>
<tr>
<td>Panagia Bridge (440)</td>
<td>35.01</td>
<td>33.08</td>
<td>440</td>
</tr>
<tr>
<td>Moni (540)</td>
<td>34.73</td>
<td>33.20</td>
<td>73</td>
</tr>
</tbody>
</table>

**Fig. 1.** Locations of rain gauge stations of Cyprus used in this study.
As an attempt to examine the impact of the EMP on extreme wet episodes and prolonged dry and wet spells, the winter composite anomalies of all four indices were calculated for each station during the positive or negative phase of EMP, by subtracting the long-term mean of the whole period examined 1958–2005 of each index from each phase. The statistical significance of the composite anomalies has been examined at the 0.05 level applying Student’s t-test.

3 Discussion of results

Figure 2 shows the mean winter distribution over Cyprus of the four indices examined. Maximum length of dry spells (CDD), of 16 days, is observed in the southwestern slope of Troodos range (Fig. 2a); this is a mountain range that extends from the northwestern to the southeastern part of the island (dark area of Fig. 1). The CDD decreases eastwards and westwards in the plain areas, reaching the value of 13 days, while remains almost constant along the northern and western coast.

The CWD exhibits relatively low values in winter (Fig. 2b), ranging between 4 and 7 days, although winter comprises the main rainy season in Cyprus (Jakovides et al., 2003). This is probably due to the fact that winter precipitation events in Cyprus, being mostly associated with a baroclinic disturbance (Michaelides et al., 2001; Nicolaides et al., 2004) last for two or three consecutive days, until the passage of the next disturbance. Without significant spatial variations, the CWD peaks over the mountain, with high values in its western side while decreases eastwards with a significant gradient. Generally, the CWD is higher inland and decreases towards the coast. Similar distribution is found for the mean winter R90 index, with values ranging between 2.4 and 4 days (Fig. 2c). A secondary peak is evident near the western coast, more likely accounting for the occurrence of locally enhanced precipitation. SDII also peaks (13 mm/day) over the mountain (Fig. 2d). The precipitation intensity index decreases towards the coast, with lower values along the
As in Fig. 3a, during the positive phase of EMP, a decrease of CDD is observed in the whole examined area. The decrease is more prominent in the western side of the island - which is characterized by the highest precipitation amounts during winter - reaching the value of 3 days near the western coast (Droushia). The decrease of CDD weakens eastwards, following the mean winter CDD reduction (Fig. 2a), attaining the minimum anomaly of 1.4 days in Athienou. On the contrary, during the negative phase, the length of dry spells increases in almost the whole area (Fig. 3b), except in the eastern side of Troodos mountain (Panagia Bridge), where a small decrease was found which is statistically insignificant. The increase is absolutely smaller as compared to the positive phase, reaching 1.2 and 1.8 days in the northwestern coast and southern coast, respectively.

The length of wet periods (CWD) increases during the positive phase of EMP (Fig. 4a), consistent with the CDD reduction. However, the CWD anomalies are smaller as compared to the CDD, more likely due to the smaller CWD winter values. This increase peaks at Kykkos on the mountain (of 2 days) and then weakens towards the coast and eastwards. The lowest CWD increase is found for the four stations near the western coast and the station of the eastern slope of the mountain range (Panagia Bridge). During the negative phase, an overall reduction of the CWD forms (Fig. 4b), which is, however, lower compared to the corresponding increase during the positive phase. The maximum reduction of 1.20 days is found in the western side, while low (statistically insignificant) values appear in the western mountain slope (Pano Platres), in the plains on the southern coast (Moni) and the eastern side (Athienou).

According to Fig. 5a, the R90 index exhibits an increase over the area examined, during the positive EMP phase, similarly to CWD (Fig. 4a). The maximum increase (2.4 days) is found at Kykkos, while the minimum value (0.5 days) at the northern coast (Kato Pyrgos). The negative phase is characterized by a smaller magnitude decrease of R90 (Fig. 5b), which peaks in the western side (at Droushia with 1.25 days decrease). The decrease weakens eastwards, taking a minimum anomaly of 0.3 days in the eastern slope of Troodos (Panagia Bridge).

The intensity index SDII strengthens during the positive phase at all stations (Fig. 6a), reaching maximum anomalies on the mountain (of 2.6 mm/day at Pano Platres and 2.2 mm/day at Kykkos). The increase weakens towards the coast, with minimum anomalies of 0.4 mm/day along the western and northern coasts and in the eastern part (Athienou). During the negative phase (Fig. 6b), the intensity decreases everywhere, peaking again on the mountain (−1.8 mm/day at Pano Platres). The magnitude of decrease is lower in the eastern side, where the index is characterized by low values (Fig. 2d), with minimum value 0.3 at Panagia Bridge and Athienou. The decrease changes along the north-western coast, from 0.4 mm/day at Kato Pyrgos to 1.1 mm/day at Anatoliko.

4 Conclusions

An attempt is made to estimate the impact of the Eastern Mediterranean teleconnection Pattern (EMP) on the length
of prolonged dry and wet spells along with the frequency and intensity of extreme wet episodes during winter, when EMP is active. For this purpose, the behaviour of four extreme indices (CDD, CWD, R90 and SDII) is examined during the positive and negative phases of the EMP.

It was found that the positive phase of EMP is characterized by a reduction of the number of consecutive dry days, which is followed by a smaller increase in the length of wet spells, mainly in the western part of the island. Furthermore, the rainfall intensity increases, along with the number of extreme wet days, mainly at the stations along the western slopes of the mountain range. These results are consistent with the increased cyclonic circulation prevailing over Eastern Mediterranean during the positive phase of EMP, being accompanied by an intensification of the Atlantic anticyclone (Hatzaki et al., 2007).

The negative phase results in longer dry spells and, accordingly, shorter wet spells. Furthermore, the number of heavy precipitation events reduces as well as the rainfall intensity. The observed composite anomalies during the negative phase are lower for all indices as compared to the positive phase. However, the negative phase predominates during winter months over the positive phase (Hatzaki et al., 2007), and therefore, its impact is more regularly realised. The observed decrease of the frequency and intensity of extreme wet episodes is in accordance with the increased anticyclonic circulation over Eastern Mediterranean during the negative phase of EMP, being associated with the intense zonal circulation prevailing over Europe.

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